



# HOTCHKISS SCHOOL



LAKEVILLE, CT  
JULY 21ST - 25TH

AGES 10-16

## Why Leadership Matters

At camp, we will help campers learn about being part of something - a team or cause - bigger than themselves. The camp will combine outstanding field hockey and lacrosse instruction with off-field camp activities designed to promote teamwork and teach leadership skills.

[FHCAMPS.COM](http://FHCAMPS.COM)

800-944-7112

[SUPPORT@FHCAMPS.COM](mailto:SUPPORT@FHCAMPS.COM)



## PARENT TESTIMONIAL

"This camp is one of a kind. The coaches taught my daughter how to not only be a better player but also teammate and friend. I would recommend this camp to anyone!"

## Typical Daily Schedule

8am- Breakfast  
8:30am- Leadership Workshop  
9:30am- Field Session (skills)  
11:30am- Lunch  
1pm- Paddle Boarding, Swimming, Lake Activity  
3pm- Leadership Activity  
5pm- Dinner  
6pm- Field Session (scrimmaging)  
8pm- Camp Talent Show  
10:30pm- Lights Out

## OUR MISSION

- Develop as a player and student athlete
- Learn the meaning and importance of being a great teammate
- Cultivate and define how to become a more affective leader in all aspects of sports and life

## LEADERSHIP WORKSHOPS

Defining Leadership  
Listening & Trust Exercises  
How Compassion Cultivates Leaders  
Importance of Sisterhood  
Paying it Forward