

MAKE 2021 A SUMMER TO REMEMBER

**Team Discounts**

5-9 Players  
\$25 off

10 + Players  
\$35 off



July 26 - 29

Queen Anne's County  
High School  
Maryland

COVID COMPLIANT PROTOCOLS



FHCamps.com 800-944-7112 Support@FHCamps.com

SINCE 2001, 45,000 CAMPERS AND COUNTING!



## Camp Location

### QAC HS Turf Stadium

- Elite NCAA Coaches & Players on Staff
- Daily Scrimmage Opportunities
- Personal Evaluations
- 10:1 Training Ratio
- Developmental & Tactical Games
- Leadership & Fun!
- Grades 3 - 12, All Abilities

## Director

Jessica Lanham



- St. Mary's College of Maryland Head Coach
- Salisbury Univ. Grad Asst. '14-'16
- Salisbury 2nd Team All-Conf '13
- 4x NCAA Appearances

## Why Us?



A top name in hockey in the United States, Revolution Field Hockey programs are designed to help players take their skills and knowledge to the next level. Our camps are just as much about keeping both the ball and player in consistent motion as they are a vehicle to teach deeper values.

The days will start with warm-ups moving into skill development drills, tactical games and then to scrimmages - get ready to move! Our unique drills and learning games help campers stay engaged in a fun way and have proven highly effective at developing an overall hockey IQ. We believe in and practice accountability, both with our staff to ensure our participants improve through positive reinforcement and repetition, as well as with our campers to bring the effort and desire. Learning is an evolving process and we aim to develop creative players who will love the process of learning field hockey.



## Schedule

Registration & Screening for Campers

8:30 - Warm-Up & Daily Theme Workshop

8:45 Skills & Position Training

10:00 - Water Break & Extra Help

10:15 - Strategy & Game Concept Training

11:00 Scrimmages

12:00pm - Camper Pick Up Line